

# A list of twelve-step groups

This is a **list of twelve-step groups** based on the set of guiding principles for recovery from addictive, compulsive, or other behavioral problems that was originally developed by Alcoholics Anonymous. The twelve-step method has been adapted widely by fellowships of people recovering from various addictions, compulsive behaviors, and mental health problems. Additionally, some programs have adapted the twelve-step approach in part.

## Programs patterned after Alcoholics Anonymous

Fellowships in this section follow reasonably close variations of the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. Click the links, below to visit the referenced entry on Wikipedia or website.

- **AA - Alcoholics Anonymous**
- **ACA - Adult Children of Alcoholics**
- **AI-Anon/Alateen, for friends and family members of alcoholics**
- **CA - Cocaine Anonymous**
- **CLA - Clutterers Anonymous**
- **CMA - Crystal Meth Anonymous**
- **Co-Anon, for friends and family of addicts**
- **CoDA - Co-Dependents Anonymous, recover from co-dependent traits. Learn how to have healthy relationships**
- **COSA - Codependents of Sex Addicts**
- **COSLAA - CoSex and Love Addicts Anonymous**
- **DA - Debtors Anonymous**
- **EA - Emotions Anonymous, for recovery from mental and emotional illness**
- **EHA - Emotional Health Anonymous, for recovery from emotional illnesses**
- **FA - Families Anonymous, for relatives and friends of addicts**
- **FA - Food Addicts in Recovery Anonymous**
- **FAA - Food Addicts Anonymous**
- **GA - Gamblers Anonymous**
- **Gam-Anon/Gam-A-Teen, for friends and family members of problem gamblers**
- **MA - Marijuana Anonymous**
- **NA - Narcotics Anonymous**
- **NAIL - Neurotics Anonymous, for recovery from mental and emotional illness**
- **Nar-Anon, for friends and family members of addicts**
- **NicA - Nicotine Anonymous**
- **OA - Overeaters Anonymous**
- **OCA – Obsessive-Compulsive Anonymous, recovery from obsessive compulsive disorder, trichotillomania, etc.**
- **OLGA - Online Gamers Anonymous**
- **PA - Pills Anonymous, for recovery from prescription pill addiction.**
- **RA - Reentry Anonymous, for recovery of criminal addiction and ex-offender reentry support**
- **SA - Sexaholics Anonymous illness**
- **SA - Smokers Anonymous**
- **SAA - Sex Addicts Anonymous**
- **SCA - Sexual Compulsives Anonymous**
- **SIA - Survivors of Incest Anonymous**
- **SLAA - Sex and Love Addicts Anonymous**
- **WA - Workaholics Anonymous**

Adapted from:

<http://en.wikipedia.org>

[http://www.dmoz.org/Society/Support\\_Groups/Twelve\\_Step/](http://www.dmoz.org/Society/Support_Groups/Twelve_Step/)